VIOLENCE HAS SEVERE MENTAL HEALTH CONSEQUENCES

AS A COUNSELLOR DEALING WITH SURVIVORS OF VIOLENCE, IT IS YOUR DUTY TO:

- Include mental health as an essential component of survivor assessment
- Identify signs and symptoms of mental distress
- Assess tendencies of self-harm
- Assess if survivor has suicidal thoughts
- Provide necessary support and referral if needed
- Psycho-educate the survivor and her family

STOP THE STIGMA
SUPPORT MENTAL HEALTH AWARENESS